

## ABSTRACT

A height adjusting device, wherein a pinion gear (8) rotated by an operating knob (7) for adjusting the height of the entire vehicle seat and a sector gear (9) are covered by a gear cover (12) and fixedly fitted to the inside of a seat side frame section (2), and a rotating shaft (7a) of the operating knob (7) and a supporting pin (9a) of the sector gear (9) are held by both the seat side frame section (2) and the gear cover (12) at their opposite ends.